

# Loaves of Love - A Healthy Recipe for Your Pups!

Grain Free, Gluten Free, Soy Free, Corn Free, and Preservative Free

## INGREDIENTS - Always Organic and Fresh

### Protein

Turkey (Ground) — 6 Pounds

(Alternative: Ground Beef/Ground Chicken)

Eggs (Beaten) — 6

### Vegetables & Fruits

Sweet Potatoes/Yams (Fresh Shredded) — 4 large

Red Potatoes (Fresh Shredded) — 10 small

Carrots (Fresh Shredded) — 6

Zucchini (Fresh Shredded) — 4

Spinach (Fresh Shredded) — 6 oz

Peas (Fresh or Frozen Thawed) — 16 oz

Pumpkin (Fresh or Canned) — 15 oz

Apples — 2

### Spices & Oils

Parsley (Shredded) — 1 bunch

Olive Oil — 1 cup

Sea Salt — 1 teaspoon

Apple Cider Vinegar — 3/4 cup

Butter — 1/2 cup grated



### Cooking Instructions

Preheat oven to 350 degrees Fahrenheit.

In a large bowl, add the vegetables and fruit, parsley, olive oil, sea salt, apple cider vinegar. Use your hands to mix ingredients. Add eggs, meat, and grated butter. Mix with your hands until well combined. Add mixture to large oblong glass baking dish.

Bake uncovered in the preheated oven 50 minutes. Increase oven temperature to 400 degrees F, and continue baking 20 minutes, to an internal temperature of 160 degrees F.

Let it cool for 8 to 10 minutes. Be sure the loaf is thoroughly cool and serve to the pups!

Cover with airtight lid and store in the refrigerator.

**Servings:** Feeds Tibetan Mastiff, 120 lbs, and Yorkie Mix, 17 lbs, for one week.

This healthy & restorative recipe is brought to you by Dr. Micah Daily, Tripartite Wisdom

[www.DrMicahDaily.com](http://www.DrMicahDaily.com)